



Competency Assessment Criteria

Department: _____ Competency: Changing a clean dressing

Competency Statement: Qualified RNs and LPNs will perform clean dressing changes per stated criteria below.

CRITERIA	PERFORMS SATISFACTORILY
1. Wash hands, explain procedure to patient, gather equipment.	
2. Obtain appropriate supplies (2 pairs clean, disposable exam gloves, Cleansing solution, Plastic bag for used supplies, Clean or sterile gauze pads or other dressing, as ordered, and according to facility policy, tape or bandage material)	
3. Don clean gloves.	
4. Holding gentle traction on the skin, loosen the tape by pulling the ends toward the wound, and then remove the dressing. Discard in the plastic bag.	
5. Cleanse and rinse the wound as ordered. If the wound appears abnormal or infected, notify your supervisor.	
6. Remove the gloves and discard in the plastic bag.	
7. Wash hands.	
8. Set up dressing supplies and open packages.	
9. Apply clean exam gloves.	
10. Pick up the gauze dressing, holding it only by the corners.	
11. Center the dressing over the wound.	
12. Tape the dressing securely in place, or cover with a roller bandage.	
13. Document dressing change per agency policy.	
<p>AGE SPECIFIC CONSIDERATIONS <input checked="" type="checkbox"/> Neonate <input checked="" type="checkbox"/> Pediatric <input type="checkbox"/> Adolescent <input checked="" type="checkbox"/> Geriatric <input type="checkbox"/> N/A</p> <p>Specify: Neonates, pediatrics, and geriatrics may be more sensitive to adhesives, and may not be able to communicate discomfort. Assess circulation around dressing site to assure that circulation is maintained.</p>	

Instructor

Date

Nurse

Date